

# Prevention Principles Assessment

*How effective is your prevention programming?*



PRINCIPLE	ELEMENTS TO CONSIDER	NOTES
Appropriately Timed	<ul style="list-style-type: none"> <li><input type="checkbox"/> Developmental stages?</li> <li><input type="checkbox"/> Stages of change?</li> </ul>	
Sufficient Dosage	<ul style="list-style-type: none"> <li><input type="checkbox"/> Session length</li> <li><input type="checkbox"/> # Sessions</li> <li><input type="checkbox"/> Spacing of sessions</li> <li><input type="checkbox"/> Duration of program</li> </ul>	
Comprehensive	<ul style="list-style-type: none"> <li><input type="checkbox"/> Multiple activities in multiple settings?</li> </ul>	
Theory-based	<ul style="list-style-type: none"> <li><input type="checkbox"/> Problem Theory?</li> <li><input type="checkbox"/> Change Theory?</li> <li><input type="checkbox"/> Logic Model?</li> </ul>	
Positive Relationships	<ul style="list-style-type: none"> <li><input type="checkbox"/> Focus on positive adult/youth relationships?</li> </ul>	
Varied Teaching Methods	<ul style="list-style-type: none"> <li><input type="checkbox"/> Uses different types of activities to fit different learning styles?</li> </ul>	